

Worship Expressed

Bodily movements are a result of emotional responses inside of us.

Worship is: To show great admiration, devotion, or adoration toward someone or something.

Everyone's worship is a **personal outworking** of their relationship with God.

There are 3 reasons people struggle with expressing their worship:

1. They feel self-conscious and worry about how others might see them or what people might think - *Galatians 1:10*
2. They may participate outwardly but live disconnected from God inwardly. They appear to worship on Sunday, but their heart and their daily life don't reflect a genuine relationship with Him - *Isaiah 29:13*

3. Personal attitudes get in the way, they may not like the worship leader or the speaker, or they have a hardheartedness towards the church - *Ephesians 4:18*

We become spiritually blind and eventually become separated from God when we live in hard heartedness.

Hebrews 12:18-24:28 - ²⁸ Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe.

What does expressing our worship look like?

Lifting our hands - Raising our hands is a sign of surrender and sacrifice – a letting go. It corrects our heart posture - *Psalms 134:2*

Clapping - Clapping our hands is an expression of gladness, rejoicing and approval - *Psalms 47:1*

Times of Silence - Silence can be an expression of praise and reflecting on the goodness of God - *Psalms 46:10*

Dancing - Dancing modestly is the most demonstrative of the physical expressions of praise - *Psalms 149:3*

Playing musical instruments - Musical instruments express praise and worship - *Psalms 150:3-5, 2 Samuel 6:5*

Kneeling - Bowing down or kneeling is a gesture of reverence and respect - *Psalms 95:6*

Standing - Standing is a sign of respect - *Psalms 33:8*

Singing - Singing to God expresses our deep gratitude for who He is and for what He has done for us - *Psalms 95:1, Psalms 47:6*

Dr Stan DeKoven - *Consecration means surrendering who we are to God. That includes*

keeping a correct emphasis. The focus after the holiness historically taught has been on external behaviours and dress, rather than on issues of the heart. As we fall in love with God, a deep motivation comes from the Holy Spirit to become pleasing to God. Holiness/Worship becomes a deeply sought after necessity for daily life. This desire is not developed by doing things for God, but by fervent prayer. Gradually external behaviours/our worship begin to change because of a heart filled with holy fear, reverence and a deep respect for the mighty god we serve.

Physical expressions help align heart, soul, and body in worship.

Worship tells the enemy that God has the ultimate authority, and you are declaring that with your lips which is powerful.

The more we individually express our love to God through worship, the more edified our whole church becomes. Corporate worship unites the church and magnifies God's glory.