One of the deepest causes of hurt is rejection.

WE MAY FEEL REJECTED, BUT WE ARE ACCEPTED BY GOD.

Five things that God says about us.

1. We are **ACCEPTED** by God.

Romans 15:7 (niv) Accept each other just as Christ has accepted you so that God will be given glory.

Psalm 27:10 (niv) Though my father and mother forsake me, **the Lord will receive me**.

2. We are **VALUABLE** to God.

How do we judge the value of anything?

- i. Who owns it.
- ii. What is somebody willing to pay for it.

Who do we **belong** to?

1 John 4:4 (msg) My dear children, you come from God and belong to God. You have already won a big victory over those false teachers, for the Spirit in you is far stronger than anything in the world.

What was God prepared to pay for us?

1 Corinthians 7:23 (cev) God paid a great price for you. So don't become slaves of anyone else.

3. We are **LOVED** by God.

Isaiah 54:10 (nlt) For the mountains may move and the hills disappear, but even then My faithful love for you will remain. My covenant of blessing will never be broken, says the LORD, who has mercy on you.

Ephesians 1:5 (msg) Long before He laid down earth's foundations, He had us in mind, had settled on us as the focus of His love, to be made whole and holy by His love. Long, long ago He decided to adopt us into His family through Jesus Christ. What pleasure He took in planning this!

Two characteristics that make God's love different from human love.

- i. God's love is consistent.
- ii. God's love is unconditional.
- 4. We are **FORGIVEN** by God.

Isaiah 43:25 (cev) ...I wipe away your sins because of who I am ... I will forget the wrongs you have done.

Colossians 1:13-14 (msg) God rescued us from dead-end alleys and dark dungeons. He's set us up in the kingdom of the Son He loves so much, the Son who got us out of the pit we were in, got rid of the sins we were doomed to keep repeating.

5. We are made **CAPABLE** by God.

Philippians 4:13 (amp) I have strength for all things in Christ Who empowers me I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency.

When we begin to see ourselves as God sees us, we know we are...

- Acceptable
- Valuable
- Lovable
- Forgivable
- Capable

We will be released from the pain of rejection because it doesn't matter what anybody else thinks.