#### **SPEECH**

### Trying to avoid being hung by our tongue

James 1:26 NLT "If you claim to be religious but don't control your tongue, you are fooling yourself, and your religion is worthless."

Every day, we all experience the power of the spoken word.

Mother Teresa once said, "Kind words can be short and easy to speak, but their echoes are truly endless."

## 1. WE MUST NEVER UNDERESTIMATE THE POWER OF OUR TONGUE

#### James 3:5b-6 NIV

We need to learn how to manage our tongue because the tongue's use has a great influence on others.

A small use of wrong words will lead to great consequences.

**Proverbs 15:4 GNT** Kind words bring life, but cruel words crush your spirit.

# 2. WE MUST NEVER TURN OUR TONGUE LOOSE

James 1:19 NLT Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

Taking the time to listen and being slow to speak will actually help us see what is really happening.

Proverbs 15:1.

### 3. WE NEED TO ALWAYS LISTEN TO WHAT WE SAY

James 3:1-12; Proverbs 15:4.

Are our words kind or cruel?

Proverbs 25:11 ESV.

Never underestimate the effect your words can have on someone.

Take the time to reflect on your own thoughts and conversations in your own head.

Just as our words can influence others, so our thoughts and self-talk also has a massive effect on us.

#### **CONCLUSION**

Our words have great power.

Let us never underestimate the power of our tongue.

**Psalms 19:14 NLT** May the words of my mouth and the meditation of my heart be pleasing to you, O Lord, my rock and my redeemer.