

# Delight in the Lord

*Psalm 37:4-5 Take **delight** in the Lord, and He will give you the **desires** of your heart. **Commit** your way to the Lord; **trust** in Him and He will do this.*

## • *Take delight in the Lord*

The word delight means “to gain great pleasure, satisfaction, and happiness.”

Taking delight **IN** the Lord mean we truly find pleasure, satisfaction and contentment because;

- a. we enjoy His fellowship *and*
- b. we share His heart and purpose.

The Lord takes delight **IN** us as we respond to Him in this way.

## • *He will give you the desires of your heart*

Out of this ‘*delightful*’ relationship with Jesus, our natural response is to desire what He desires.

Our desires become one and the same as Jesus desires for our lives.

When we truly ***delight in*** Jesus, our desires will begin to reflect His - which gives our life purpose and meaning - to pursue and to enjoy.

## • *Commit your way to the Lord*

**Commit** means: *“to carry out, to do, to engage in, to enact and to execute.”*

This is not a one time commitment but a daily commitment!

The alternative is to feed our fleshly appetite in what the world around us offers.

**The problem:** Our hungry appetite craves for more and it is never fully satisfied.

*John 2:15-17 “Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. For everything in the world the lust of the flesh, the lust of the eyes, and the pride of life [our fleshly appetite] comes not from the Father but from the world. The world and its desires pass away, but whoever does the will of God lives forever.”*

If we place our trust and hope in Jesus first, He will meet our needs.

He will grant our hearts' desires because they match up with His will.

*Matthew 6:33 “But seek first **His kingdom** and **His righteousness**, and all these things [the necessities of life] will be given to you as well.”*

As we delight ***IN*** the Lord we will receive true treasure “*Godliness with contentment is great gain*”  
*1 Timothy 6:6.*

- ***Trust in Him***

*Psalm 37:4 Trust IN the Lord and do good...*

- To trust in Jesus to continually ***guide*** us.

*Proverbs 3:5-6 Trust in the Lord with all your heart, and lean not on your own understanding; <sup>6</sup> In all your ways acknowledge Him, and He shall-direct your paths.*

- To trust in Jesus to ***provide*** for us where He guides us.

*Ephesians 1:3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.*

- To trust in Jesus to ***sustain*** us when times are difficult.

*Philippians 4:13 I can do ALL things through Christ who strengthens me.*

- ***and He will do this***

Jesus will do what?

***“He will give you the desires of your heart.”***

The greatest pleasure we can experience in life is walking hand in hand with Jesus who loves us and wants the best for us.

**How will we respond to God?**