

GOD'S ANTIDOTE TO FEAR

Psalm 23 (NIV) Even though I walk through the darkest valley, I will fear no evil, for You are with me; your rod and your staff, they comfort me.

- Fear **paralyses** and **torments** our minds.
- **Fear** and **faith** are both a matter of **choice!**
 - *Fear and faith cannot co-exist together.*

2 Timothy 1:7 (NKJV) For God has not given us a spirit of fear, but of power and of love and of a sound mind.

ALWAYS BELIEVING SOMETHING

- There is no such thing as “**non-belief**” but only “**wrong belief.**”
 - *The Bible calls wrong believing “**unbelief**” and, right believing, is called “**faith.**”*
- **Fear** and **faith** are both a matter of **expectation!**
 - *Fear expects failure and disaster.*
 - *Faith expects triumph and victory.*
- People who **refuse** to see anything beyond their fears **live in defeat.**

- No matter what situation we find ourselves in, the Word of God is clear: “*fear not, believe only!*” *Luke 8:50*

FAITH IS THE ENFORCER

*Hebrews 11:6 (NIV) Without faith it is impossible to please God because anyone who comes to Him **must believe** that He exists and that He rewards those who earnestly or diligently seek Him.*

- Faith in God and in His Word and knowing that God reinforces what He says, will enforce victory.
- **Fear** (*wrong believing*) puts our **circumstances** between **God** and **us**.
- **Faith** (*right believing*) puts **God** between our **circumstances** and **us**.
- Fear **reasons** from **self** and **circumstances**.
- Faith **reasons** from **God** and His **Word**.

As we step forward and act courageously God will give us the strength we need.

Joshua 1:9 (NIV) Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.

FEAR CAN BE CONQUERED

- God wants to **release** you from;
 - *Fear of past experiences*
 - *Fear of the unknown*
 - *Fear of the dark*
 - *Fear of sickness and death*
 - *Fear of failure*
- God has made our **victory** possible through **Jesus**.

1 Corinthians 15:57 (NIV) Thanks be to God who gives us the victory through the Lord Jesus Christ.

- Our **confidence** should be totally in the **finished work of Jesus**.

Philippians 4:13 (NIV) I can do all things through Christ who strengthens me.

- It's important to bring the **truth of God's Word** into the **arena of our fear**.

*John 8:31-32 (NIV) If you hold to my teaching you are really My disciples. Then you will know the truth, and **the truth will set you free**.*