

# It is impossible for God to reject us!

- Have you ever felt rejected?
- Have you ever been made to feel that you were not good enough?
- We all want to feel accepted!
- Being rejected by those closest to us is where we feel the most pain.
- People **WILL** fail us and hurt us.

## Effects of Rejection

- Chips away at our confidence, self-image and our motivation to achieve.
- Keeps truth from being spoken to us by becoming defensive.
- Prevents us from giving and receiving love – we find it hard to love ourselves.
- Can lead to disguising our pain with performance – becoming approval addicts.
- Leads us to isolation, loneliness, and unhappiness – a loss of hope.
- It slows down our spiritual growth – believing God thinks the same.
- Rejection intensifies the longing in us to be fully known, loved and accepted.

**We cannot control what others do or say but we can control our response!**

## Develop a Rejection Plan

- When we personalize rejection, we tend to withdraw and become defensive.
- Our perspective of ourselves and others becomes distorted.
- Predetermine how you will respond.

## God Knows our Heart

*1 Samuel 16:7 CEV But the Lord told him, “Samuel, don’t think Eliab is the one just because he’s tall and handsome. He isn’t the one I’ve chosen. **People judge others by what they look like, but I judge people by what is in their hearts.**”*

- It is human nature to focus on the external aspects of other people.

## God Comforts Us

*Isaiah 51:12 NLT I am the One who comforts you. So why are you afraid of mere humans, who wither like the grass and disappear?*

- God is near to us to comfort us when we need Him too.

- God created a void in our hearts which is reserved only for Him.

## God Accepts Us

*Romans 8:38-39 CEV ...nothing can ever separate us from His love ..., nothing in all creation will ever be able to separate us from God's love for us...*

- God knows everything about us and yet He still loves us!
- God's love attracts us to Himself.

*1 Peter 4:8 NLT Most important of all, continue to show deep love for each other, for love (God's kind of love) covers a multitude of sins.*

- God accepts us exactly as we are - no matter what we feel about ourselves or what we are involved in.
- It is equally true that God loves us way too much to leave us in that condition.
- **God does not like nor will associate with our sin**, but His love for us helps to move us away from sin and the shame and guilt that is attached to that sin.

## God loves us too much to give up on us

- God wants to change us in ways we cannot change ourselves.

*1 John 1:9 NIV But if we confess our sins to Him, He is faithful and just to forgive us and to cleanse us from every wrong.*

- Jesus paid the ultimate price of death so that you can now receive His gift of forgiveness and this gift is free.

**How should you respond to knowing that Jesus loves you, accepts you and forgives you?**

## Accept Jesus' free gift of love

- Jesus wants to take our guilt and shame away.
- Jesus wants to relieve you and free you of the burden of rejection.
- Accepting Jesus' free gift of love is as simple as saying yes to God.
- Accepting Jesus' free gift of love will give us a new confidence in ourselves.